



2019-2020 ANNUAL REPORT

**NATIONAL SERVICE SCHEME,
LOYOLA COLLEGE (AUTONOMOUS),
CHENNAI – 600 034.**

“COLLEGE OF EXCELLENCE”

“NOT ME BUT YOU”

REGULAR ACTIVITIES OF THE YEAR 2019-20

S.NO	DATE	ACTIVITIES
1.	26/06/2019	INTERNATIONAL DRUG DAY
2.	25/07/2019	REFUGEE DAY
3.	22/07/2019	LEADERSHIP TRAINING PROGRAMME
4.	25/07/2019	WORLD REFUGEE DAY
5.	03/08/2019	WORLD DISASTER MANAGEMENT
6.	04/08/2019	HUMAN ASSISTANCE AND DISASTER RELIEF PROGRAM
7.	04/08/2019	CLEANING DRIVE ON VILLAGE/SLUM AREAS
8.	04/08/2019	CAMPUS PREMISES CLEANING DRIVE
9.	04/08/2019	LIBRARY AND LABORATORIES CLEANING DRIVE
10.	15/08/2019	INDEPENDENT DAY CELEBRATIONS
11.	21/08/2019	R.D. PARADE SELECTION
12.	21/08/2019	FLOOD RELIEF
13.	29/08/2019	FIT INDIA MOVEMENT
14.	29/08/2019 – 30/08/2019	CIYF

15.	30/08/2019	UNIVERSITY CLEANING
16.	07/09/2019	MOOC SEMINAR
17.	23/09/2019	AWARENESS LECTURE AND GROUP DISCUSSION ON OBESITY
18.	23/09/2019	RALLY AGAINST OBESITY
19.	23/09/2019	POSTER MAKING ON OBESITY
20.	24/09/2019	STREET PLAY ON NUTRITION AND OBESITY
21.	24/09/2019	NSS INAUGURATION
22.	02/10/2019	FIT INDIA RUN
23.	02/10/2019	AWARENESS LECTURE ON MICRO PLASTICS
24.	04/10/2019	VISITING OLD AGE HOME
25.	04/10/2019	YOUTH AWAKENING PROGRAM
26.	01/11/2019	NATIONAL UNITY DAY
27.	26/11/2019	NATIONAL CONSTITUTION DAY
28.	27/11/2019	DENGUE AWARENESS RALLY
29.	01/12/2019 - 03/12/2019	INTERNATIONAL DIFFERENTLY ABLED DAY

30.	06/12/2019	PANEL DISCUSSION
31.	11/12/2019	HUMAN CHAIN
32.	11/12/2019	BHARATHIYAR BIRTHDAY CELEBRATION RALLY
33.	17/12/2019	KAVALAN APP AWARENESS
34.	18/12/2019	CONSTITUTION DAY LECTURE
35.	13/01/2020	PONGAL CELEBRATION
36.	08/01/2020 – 18/01/2020	23 rd NATIONAL YOUTH FESTIVAL
37.	26/01/2020	REPUBLIC DAY PROGRAMME
38.	05/02/2020	MYTHRI PROGRAMME
39.	13/02/2020	INTERNATIONAL CONDOM DAY
40.	18/02/2020	LECTURE: CONSTITUTION DAY
41.	21/02/2020	RCDA
42.	22/02/2020	MOCK VISIT
43.	24/02/2020	RRC
44.	09/03/2020	TAMIL DEVELOPMENT RALLY
45.	11/03/2020	WORKSHOP ON CHILD ABUSE

46.	12/03/2020	MEGA SWACHH BHARATH CAMP
47.	12/03/2020	UNIVERSITY CLEANING

INTERNATIONAL DRUG DAY

International Drug Day, also known as International Day Against Drug Abuse and Illicit Trafficking, is observed on June 26th every year. International Anti-Drug Day aims to address the global drug problem and mobilize efforts to prevent drug abuse, educate individuals about the risks associated with drug use, and promote international cooperation in countering drug trafficking. As International Anti-Drug Day is an annual observance, the most up-to-date and comprehensive information regarding its recent activities and outcomes can be obtained from the United Nations Office on Drugs and Crime (UNODC) and other relevant international organizations involved in drug control efforts. Loyola National service scheme (NSS) organized program to create awareness about the drugs.



REFUGEE DAY

World Refugee Day is observed annually on June 20th to raise awareness about the plight of refugees worldwide, honor their resilience, and advocate for their rights. Loyola National Service Scheme (NSS) organized a program to create knowledge about the refugee day. World Refugee Day serves as a reminder of the millions of people who have been forced to flee their homes due to conflict, persecution, and human rights violations. It is an opportunity to recognize the strength, courage, and resilience of refugees and show solidarity with them. It's important to note that the global refugee crisis is an ongoing issue, and World Refugee Day serves as a catalyst for continued efforts and advocacy beyond the designated day.

HUMAN ASSISTANCE AND DISASTER RELIEF PROGRAM

Human Assistance and Disaster Relief (HADR) programs are initiatives implemented by governments, organizations, and humanitarian agencies to provide support, assistance, and relief to populations affected by natural disasters, conflicts, and other emergencies. These programs aim to address the immediate needs of affected individuals and communities, as well as contribute to their long-term recovery and resilience. In this program, Loyola NSS Volunteers had gained knowledge about the natural disasters and the relief programs.

CLEANING DRIVE ON VILLAGE/SLUM AREAS

A cleaning drive in village or slum areas refers to an organized effort to improve cleanliness, sanitation, and hygiene practices within these communities. It involves mobilizing volunteers, community members, and organizations to work together in cleaning and maintaining the surroundings, promoting waste management, and raising awareness about the importance of cleanliness. Loyola National Service Scheme (NSS) had organized cleaning drive on village/slum areas. Volunteers had participated the event and rendered their service.



CAMPUS PREMISES CLEANING DRIVE

A campus premises cleaning drive is an organized effort to promote cleanliness and hygiene within the premises of college. It involves mobilizing Volunteers for cleaning drive on college campus. . Loyola National Service Scheme (NSS) arranged a event of cleaning drive in the campus and the volunteers were participated the event eagerly.



LIBRARY AND LABORATORIES CLEANING DRIVE

A library and laboratories cleaning drive is a focused effort to ensure cleanliness, organization, and hygiene within library and laboratory spaces. Loyola National Service Scheme (NSS) unit organized event of cleaning drive in Library and Laboratories. These cleaning drives aim to create a conducive and safe environment for studying, research, and experimentation.



INDEPENDENT DAY CELEBRATIONS

The objective of the Independence Day celebration was to commemorate and honor the freedom and independence of our nation. The event aimed to instill patriotism, unity, and a sense of national pride among citizens. It provided an opportunity for reflection on the sacrifices made by our freedom fighters and the progress achieved since gaining independence. Loyola National Service Scheme (NSS) Volunteers had participated in the event and showed their patriotism towards the country.



R.D. PARADE SELECTION

The objective of the R.D. (Republic Day) Parade selection process was to identify and select participants for the prestigious Republic Day Parade. Loyola National Service Scheme (NSS) Volunteers had participated in the R.D. Parade selection and made their efforts best. The parade is held annually on January 26th to showcase the military might, cultural diversity, and achievements of our nation. The selection process aimed to identify individuals or groups who exemplify discipline, talent, and a commitment to representing the spirit of our country during the parade.



FLOOD RELIEF

The objective of the flood relief operations was to provide immediate assistance, relief, and support to the affected communities in the aftermath of a devastating flood. The primary focus was on ensuring the safety, well-being, and basic needs of the affected individuals, including food, clean water, shelter, and medical aid. The report outlines the key activities, challenges, and outcomes of the flood relief efforts. Loyola National Service Scheme (NSS) Volunteers had been engaged in the flood relief program and helped the needy.



FIT INDIA MOVEMENT

The objective of the Fit India Movement is to promote physical fitness, health, and wellness among individuals across all age groups in India. The movement aims to encourage citizens to adopt an active and healthy lifestyle by incorporating regular physical activity, sports, and fitness-related activities into their daily routines. This report provides an overview of the activities, initiatives, and impact of the Fit India Movement during the specified period. Loyola National Service Scheme (NSS) unit had organized the event to raise awareness on Fit India Movement.

MOOC SEMINAR

The objective of the MOOC (Massive Open Online Course) seminar was to provide participants with insights into the concept and benefits of MOOCs and their impact on education. Loyola National Service Scheme (NSS) unit had organized the seminar aimed to create awareness about the availability and accessibility of online courses, promote lifelong learning, and explore the potential of MOOCs in bridging educational gaps. This report summarizes the key discussions, presentations, and outcomes of the MOOC seminar.



AWARNESS LECTURE AND GROUP DISCUSSION ON OBESITY

The objective of the awareness lecture and group discussion on obesity was to educate participants about the causes, health risks, and preventive measures related to obesity. The event aimed to create awareness about the importance of maintaining a healthy weight and adopting a balanced lifestyle. Loyola National Service Scheme (NSS) unit had arranged a event to raise awareness lecture and group discussion on obesity and Volunteers were actively participated in the event.



RALLY AGAINST OBESITY

Obesity is a condition characterized by excessive body weight, often caused by a combination of genetic, environmental, and lifestyle factors. It is associated with numerous health risks, including an increased likelihood of developing chronic conditions such as heart disease, type 2 diabetes, and certain types of cancer. Loyola National Service Scheme (NSS) conducted a rally focused on raising awareness about obesity can be an effective way to promote healthy lifestyles, and advocate for policies that support healthier environments, such as improved access to nutritious food and opportunities for physical activity.



POSTER MAKING ON OBESITY

Creating a poster for an obesity event can be an effective way to raise awareness and promote healthy lifestyle choices. Loyola National Service Scheme (NSS) volunteers had engaged and participated in the event of Poster Making on Obesity and also, they had made very creative posters. The main motto of this event is to raise awareness about the obesity among the public.



STREET PLAY ON NUTRITION AND OBESITY

Nutrition plays a crucial role in maintaining a healthy weight and preventing obesity. A balanced diet includes a variety of nutrients from different food groups, such as fruits, vegetables, whole grains, lean proteins, and healthy fats. Loyola NSS volunteers had performed the street play on Nutrition and Obesity and created awareness among the public.



NSS INAUGURATION

The National Service Scheme (NSS) is a popular youth-focused program in India that aims to instill the values of community service, social responsibility, and national development among students. Our Loyola NSS organized the NSS Inauguration event on 24/09/2019. The program began with a Tamil Thai Vazhthu and the Loyola Anthem. 400 Volunteers were attended the program.



FIT INDIA RUN

The Fit India Run was organized on 02/10/2019 as part of the nationwide Fit India Movement initiated by the Government of India. The objective of the event was to promote fitness, physical activity. The Fit India Run was a resounding success, with participants from Loyola National Service Scheme (NSS) volunteers to demonstrate their commitment to fitness. The run commenced with a flag-off ceremony, conducted by esteemed guests and dignitaries who support the Fit India Movement.

AWARNESS LECTURE ON MICRO PLASTICS

The awareness lecture on microplastics was a highly informative and engaging event. Loyola National Service Scheme (NSS) had spread awareness lecture on microplastics successfully provided participants with comprehensive knowledge about the environmental impact of microplastics and the importance of taking proactive steps to reduce their presence. The event served as a catalyst for raising awareness and inspiring individuals to adopt sustainable practices in their daily lives, contributing to the overall goal of combating plastic pollution.



VISITING OLD AGE HOME

A group of Loyola NSS volunteers visited an old age home as part of a compassionate initiative to connect with and bring joy to the elderly residents. The visit aimed to provide companionship, support, and emotional upliftment to the senior citizens residing in the home. It provided an opportunity to bridge generational gaps, show compassion, and bring smiles to the faces of the elderly. The event served as a reminder of the importance of valuing and cherishing our elderly population and promoting intergenerational understanding and respect.



YOUTH AWAKENING PROGRAM

The Youth Awakening Program, held on 04/10/2019, aimed to inspire and empower young individuals by providing them with guidance, knowledge, and motivation to navigate their personal and professional lives successfully. The program focused on fostering personal development, leadership skills, and a sense of social responsibility among youth. Loyola National Service Scheme (NSS) unit organized the Youth Awakening Program and this event proved to be an impactful platform for inspiring and empowering young individuals.



NATIONAL CONSTITUTION DAY

National Constitution Day is celebrated on the 26th November every year to commemorate the adoption of the Constitution of India, which happened on 26th November 1949. To celebrate the 70th Anniversary of this, Loyola NSS Organized a Panel discussion in collaboration with Loyola institute of Social Science Training and Research (LISSTAR) on the 26th of November 2019. Justice K Chandru, Retired Chief Justice of Madras High Court and Sanjay Pinto, Advocate and Former Resident Editor of NDTV 24x7, were invited as Panelists for this programme. Rev.Fr. Dr. A Thomas SJ graced this programme with his presence. Around 80 volunteers attended the panel discussion and actively participated in the Interaction Session led by Sanjay Pinto.



DIFFERENTLY ABLED DAY

Commissionerate for the Welfare of Differently Abled, in collaboration with Anna University, Madras and Loyola NSS conducted a three day programme for the differently able students all across the state. This programme was conducted in regards with the “International Day of Differently Abled Persons”, which is observed on the 3rd of December every year since 1992. The programmes in this event included a day dedicated to sports followed by a day for arts and a day for overall celebration and prize distribution. Loyola NSS was invited to organize the programme and to help with the smooth conducting of the programme. Loyola NSS had the responsibility of helping the students who came from all over Tamil Nadu. NSS volunteers helped in the flawless execution of various events throughout the three days. Around 50 volunteers participated in this programme each day. The programme was planned to start on the 1st of December so that the finale of the programme may be conducted on the International Day for Differently Abled Persons. The volunteers thanked the Commissionerate for a great opportunity to serve the Differently abled students. Volunteers said that it was a great eye-opener towards the real needs of the differently abled people.

PANEL DISCUSSION

The programme began with the welcome address by Rev. Dr. Thomas SJ, who talked about the values of constitution and warmed up the students for the panel discussion that followed. The discussion began with Justice Chandru, who shared with students some of his favorite memories from his college life here in Loyola. He touched other topics in his talk including various Articles of Constitution and their functions like Article 15 which is about religious Discrimination and Article 14 which assures Equality before law. He proved to be an eye opener for many kids when he clarified various doubts about various ideologies which molded the Indian Constitution like Socialism and Secularism. Then he gave way to Sanjay Pinto whose talk mainly consisted of various rights like RTI and Right to Privacy. He elaborated on how the law can be effective even when only one person is willing to stand up for what is right. He then shared some of the incidents he witnessed in his life as a lawyer to the students and discussed various aspects of the Indian Constitution. He concluded this session with emphasizing the difference between law and justice, the equal importance of Constitution and to “Preserve and Protect the Law”.

NATIONAL UNITY DAY

National Unity Day is celebrated on the 31st of October every year to recognize and honor the integrity of our nation that keeps us as one, providing a “Unity in Diversity”. This celebration marks an important day because it instills the values of oneness into our hearts. Loyola NSS celebrated this day on the 1st of November, 2019 with the participation of around 50 volunteers. The programme was simple as it needed to represent our values and was rich in content for the same reason. The programme was led by Dr. A Mariyappan, the programme officer of Loyola NSS, who delivered a magnificent speech on the importance of keeping up the good qualities of the past while chasing the future. He also talked about how we can keep our cultures integrated while having uniqueness in each of them. After the speech, volunteers came forward and talked about what it is that connects them to the others and what motivates them to remain the same.

NATIONAL YOUTH FESTIVAL

National Youth Festival was organized by the national Directorate of the National Service Scheme at Lucknow between 11th and 16th January 2020. It was a national Festival which had participants from all corners of the country. One volunteer from Loyola NSS participated in the National Youth Festival. He accounted the programme was magnificent and provided the following Report

Day 1: We reached Bebu Banarasi Dhas University. Registration process was done and we received kit from the university office. Then we went to boy’s hostel. Tamilnadu contingent leader arranged a program for Tamilnadu contingents. A traditional program was arranged for the inauguration. We discussed and practiced for the program which was held on 12th Jan.

Day 2: We were ready for Cultural events. Cultural Rally was done by all the states. Inauguration programme was held at INDIRA GANDHI PRATISTHAN KENDRA, by P.M. Narendra Modi. Dignitaries present included: Kiren Rijiju - Ministry of Youth Affairs And Sports, Yogi Adityanath - CM Of UTTARPRADHESH, Upendra Tiwari - State Minister, Anshumali Sharma - NSS State Coordinator, Sompal Singh - University Coordinator and, Sp Patnakar - Shritrianivejan, Jaipur

Day 3: There was a meeting and lectures on various interesting subjects for most part of the day and then proceeded to see the locale. We visited Dr Ambedkar Memorial Park and we wandered around the banks of River Gomati for a considerable amount of time before returning.

Day 4: We attended a meeting which was led by Swami Nikhileshwarananda and Hari Borkaur from Nehru Yuva Kendra (NYK). Then we went to see the Bara Imambara which is historical place in Lucknow followed by a visit to the clock tower. Then we went to IGPK for our dinner.

Day 5: It was the day of Pongal. But for beginning, We attended a meeting which was led by Vishwajeet Singh Impal, a Health counseling by Tivkal kasal and a lecture on Rocket Science by Ritu Karidhal - an Indian Scientist working in ISRO. Then the Pongal celebration began. Tamilnadu and Pondicherry Contingents celebrated the Pongal festival in IGPK.

Day 6: It was the last day of the programme. Valedictory was a colourful function that summarized all the memorable moments the volunteers had on this Youth Festival Camp. Valedictory was conducted by Kiren Rijiju and Upendra Tiwari.

HUMAN CHAIN

Human chain programme was organized by the Rotaract Club of Loyola on the 11th of December 2019. Loyola NSS was a part of this programme with around 40 Volunteers. Our volunteers were part of this and helped in the promotion of this event as well as encouraging the public involvement. The chain covered around half of the campus. After the chain, our volunteers raised slogans and tried to raise awareness on the importance of cleanliness.

DENGUE AWARENESS RALLY

Dengue awareness rally was conducted by Loyola NSS on the 27th of November 2019. A total of 142 volunteers participated in this rally with placards and slogans. The rally was preceded by a poster presentation, in which around 100 posters made by the volunteers, to create awareness on Dengue Disease, were displayed, mainly in front of the club office and all around the college. The rally was appreciated by the staff and the students alike for creating awareness on a topic of such contemporary relevance.

PONGAL CELEBRATION

Pongal celebration of our college was conducted on the 13th of January 2020. It was conducted by the Dean of Students. 13 volunteers of Loyola NSS participated in the organization of this event. The volunteers were part organization of the celebrations as well as the competitions between various departments, which were held in the premises of the college ground. The volunteers also served the Pongal dish for the students of the college.

MYTHRI PROGRAMME

University of Madras, in collaboration with NSS, an NGO Mythri and Bisleri Water, conducted a one-day PD class for both NSS Volunteers and Programme officers on the 5th February, 2020, inside the university premises. 5 volunteers and a programme officer participated in this event from our college. Volunteers and Programme officers from around 40 colleges attended the class. The class was divided into two sessions- the forenoon session, by Mythri for personality development and the Afternoon session by Bisleri Water to appeal to the volunteers' environmental consciousness. The first session started with a lecture by Mr.Jagadeesan, Retired Co-Operative Sub Register, who spoke about various things including the importance of education and improvement of educational level in Tamilnadu, the New Education Policy and about the students who are about to face public exams in classes 3rd,5th and 8th. The lecture was followed by a video, which contained interviews to various successful personalities like Jan Koum, Steve Jobs and SundarPichai. The afternoon session was led by the "Bottles For Change" Campaign by Bisleri Water Company in order to make the students aware about their own Environmental Consciousness. The campaign was about how plastic is not a waste or hazardous material but instead a resource that is recyclable and reusable if taken in the right manner. They spoke about the importance of Plastic in our life and about how we cannot live in the modern world without depending on Plastic. They insisted on using Plastics, unlike many other campaigns which call for the Reduce of Plastic Usage. The programme was graced with the presence of higher officials of Bisleri Water Ltd. And they all talked about this campaign which holds a safer future as their only vision. They concluded the session by once again reminding and calling the students to help them take a step towards a future of no plastic wastage.

CONSTITUTION DAY LECTURE

With regards to the monthly programs planned during the National Constitution Day, A lecture on Constitution was conducted for the Volunteers on the 18th of December, 2019. The lecture was delivered by Dr. P.J Biju Joseph, Assistant Professor, from the Department of History, Loyola College. The lecture concentrated on the historical aspects of the Constitution of the Country and how modern changes to it affect the integrity of the values that was upheld during the creation of the constitution. The lecture was followed by an interactive session in which many students got to express their thoughts on the topic and got clarification s for various doubts. Around 40 volunteers and various other students came to be a part of this lecture.

REPUBLIC DAY PROGRAMME

Republic day programme was conducted on the Quadrangle ground of Loyola College on the 26th of January 2020. 25 volunteers along with all the programme officers came to be a part of this programme. The programme was initiated with the flag hosting and then followed it up with a meeting. The volunteer participated in the programme which honored the retiring staff and then appreciated various clubs for the work that they have done this year for the college.

INTERNATIONAL CONDOM DAY

International Condom Day programme was organized on the YMCA Ground, Nandanam, by ICWO-AHF- India, University of Madras. This was a cultural event in which 10 volunteers from our college participated this event. The programme took place on the 13th of February 2020 and students from around 10 different colleges participated in this event. Loyola NSS won prizes including trophy and a cash price of 2,000 Rs.

LECTURE: CONSTITUTION DAY

With regards to the monthly lecture concerning the constitution day, a lecture on Constitution and Constitutional Rights were held on the 18th of February, 2020. The lecture was led by Dr. Azhagesan of MNTC College, Madurai. The lecture was held in the Commerce-Economics Building of Loyola College. More than 70 volunteers from the first and second year came to attend the lecture, which was followed, as usual, by an interactive session and then a Q&A session. The professors who attended the lecture thanked Loyola NSS for organizing such a great lecture and Dr. Azhagesan expressed his gratitude for providing such a great opportunity to share his experiences and opinions.

RRC

Red Ribbon Club, University of Madras, organized a development programme for the programme officers of various clubs of the college. The programme contained a lecture and an interaction session between the programme officers to develop their management skills, organization skills and the ability to handle pressure. The programme was conducted on the 24th of February 2020 inside the Bertram hall, Loyola College. 15 volunteers took part in the programme for various activities like refreshments and managing and the stage settings.

KAVALAN APP AWARENESS

Kavalan App awareness was an awareness lecture organized by Loyola College Dean of Women's office in collaboration with the Greater Chennai City Police and Friends of Police, Loyola College on the 17th of December, 2019. The purpose of this meeting was to create an awareness among the women students of the college about the application "Kavalan SOS", which is an app that focuses mostly on women safety along with the protection of elderly citizens. A.K Vishwanathan, Chennai City Police Commissioner addressed the gathering and spoke about the Kavalan Initiative of the Tamil Nadu Police Department and the "KAVALAN SOS" Mobile Application. People residing in Tamil Nadu, especially, Women & elderly people can use the Kavalan – SOS app whenever they feel vulnerable or threatened. Through this mobile app, help from Police can reach them at the earliest no matter where they are. People can also contact the Police instantly through this app during natural disasters. He concluded his talk with the fact that this app has efficiently made a drop in the rate of offences against women. All the women students of the college attended this meeting and Loyola NSS, with the strength of around 25 volunteers, took part in organizing the meeting as well as the maintenance of the decorum of the audience throughout the meeting.

RCDA

Resource Centre for the Differently Abled (RCDA) of Loyola College organized a meet for the Differently abled Students on the 21st of February, 2020. The programme was conducted in collaboration with Loyola NSS and the Loyola School of Service Learning. 35 NSS Volunteers took part in the various aspects of the programme. The programme began with a meeting for the visually challenged inside the LS Hall, Loyola College. After the meeting, a sports meet was conducted for the differently abled students of the college in various categories according to their abilities and challenges. The effort put into this programme by Loyola NSS was appreciated by RCDA as well as the Loyola School of Service Learning.

MEGA SWACHH BHARATH CAMP

Mega Swachh Bharath Camp was conducted on 12th March 2020 at the University of Madras according to the directive of the Central Government. The programme was inaugurated by Dr.G.Bhaskaran, NSS Coordinator, University of Madras. Volunteers from D.G.Vaishnava, Jaya College and Loyola College participated in this event. 10 volunteers from our college cleaned the park near the Chepauk Railway station and made sure the place remained a waste free zone. The efforts of our Volunteers was appreciated by the NSS Coordinator and the other officials of The University of Madras.