

2021

# Observing World Suicide Prevention Day

COMMERCE FORUM 2021-22  
DEPARTMENT OF COMMERCE

LOYOLA COLLEGE | Nungambakam, Chennai – 600 034.



## COMMERCE FORUM

### DEPARTMENT OF COMMERCE (SHIFT-II)

LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600034

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#### REPORT ON THE EVENT

##### ‘World Suicide Prevention Day’

**Date of Event:** 09/09/2021

**Time:** During the major class hours

**Duration:** 15 Minutes

**Platform:** Google Meet (Virtual)

**No. of Participants:** 418 Students + 21 Professors

#### Agenda

1. Providing students, the awareness regarding the subject of suicide.
2. The actions that can be taken to prevent these tragedies on the global scale.
3. Helping people in need to come out of their risk.
4. Teaching students the importance of one’s life.

The Commerce Forum observed the World Suicide Prevention Day (10<sup>th</sup> September) on September 9 (Thursday) during the major class hours.

#### About the Event:

Commerce Forum organized this event to embark upon and raise awareness on one of the most important issues i.e. Suicide Prevention. This event was made in attempt to issue alert among students & educate them upon the steps which can be taken to prevent suicide among youngsters. The following was the discussion during the event -

- Each class students were informed about the meeting taking in the 1<sup>st</sup> hour of the regular classes. The video was uploaded in the commerce forum drive so that all the faculties can make use of it.
- The meeting started with the small video of victims rescued from suicide attempt. Sharing their experience about the way they felt and how they managed to get out of that mentality/ mindset and leading their life happily & peacefully
- Adding to it a short video was recorded by the commerce forum which enhances the importance of one’s life, with many living examples. How great personalities managed to face their failure and overcame depression to become successful.



**COMMERCE FORUM - DEPARTMENT OF COMMERCE (SHIFT-II)  
LOYOLA COLLEGE (AUTONOMOUS), CHENNAI - 60034**



**SEPTEMBER 10**



# **WORLD SUICIDE PREVENTION DAY**

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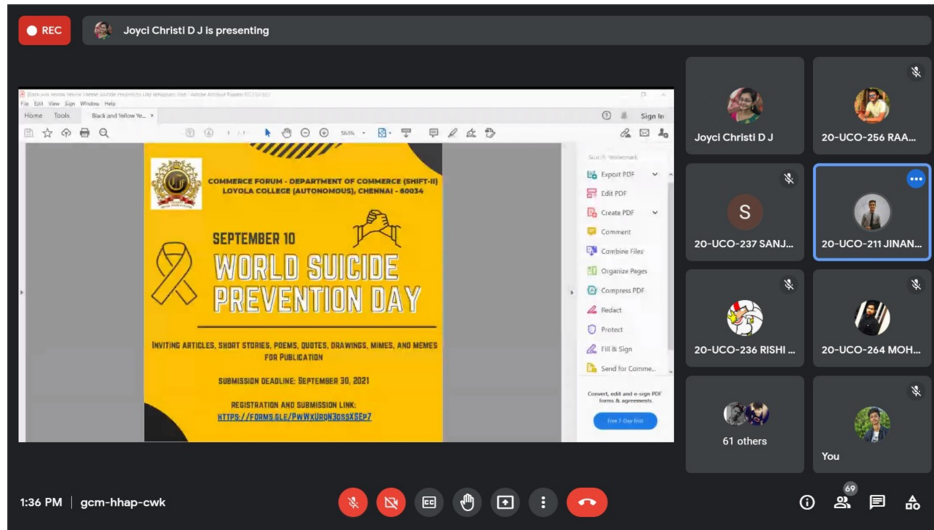
**INVITING ARTICLES, SHORT STORIES, POEMS, QUOTES, DRAWINGS, MIMES, AND MEMES  
FOR PUBLICATION**

**SUBMISSION DEADLINE: SEPTEMBER 30, 2021**

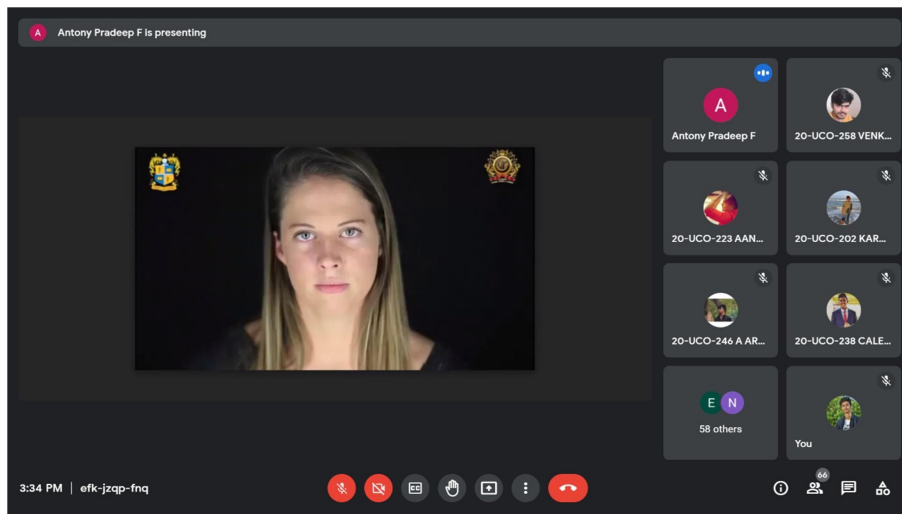
**REGISTRATION AND SUBMISSION LINK:**

**[HTTPS://FORMS.GLE/PWWxURQn3oSSXSEP7](https://forms.gle/PWWxURQn3oSSXSEP7)**

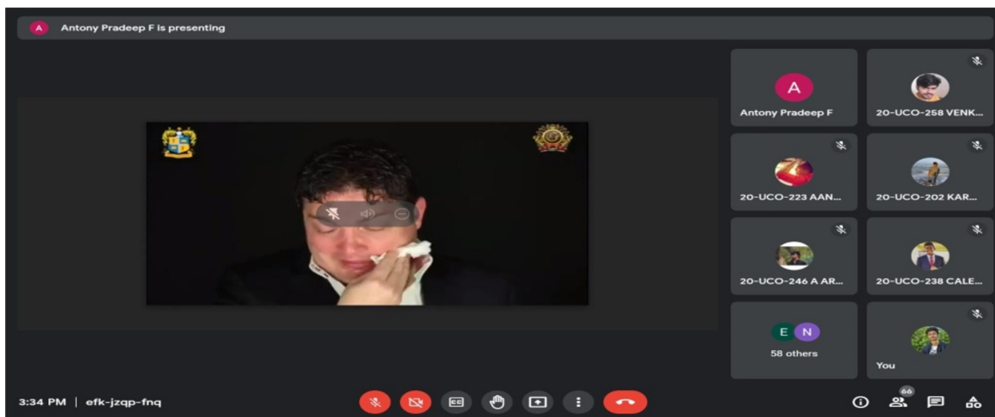
# Screen Shots of the Event



## Introduction



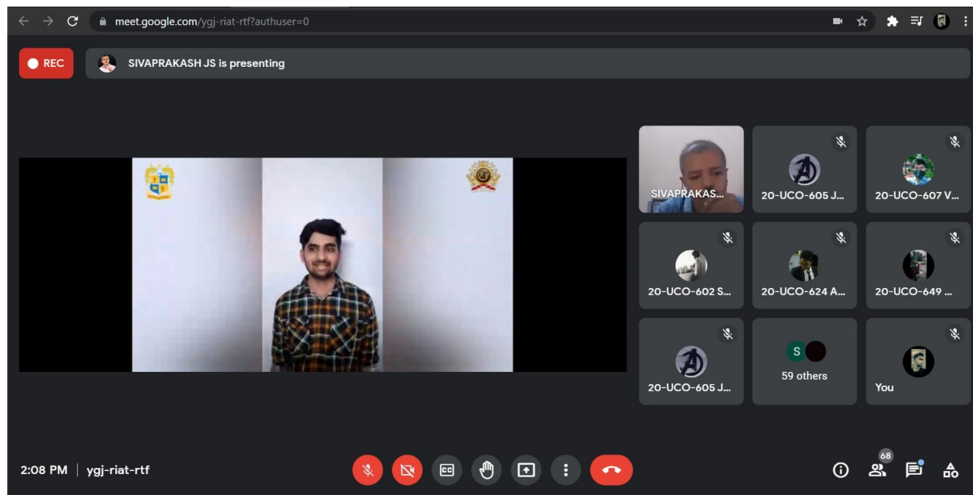
## Video Clips



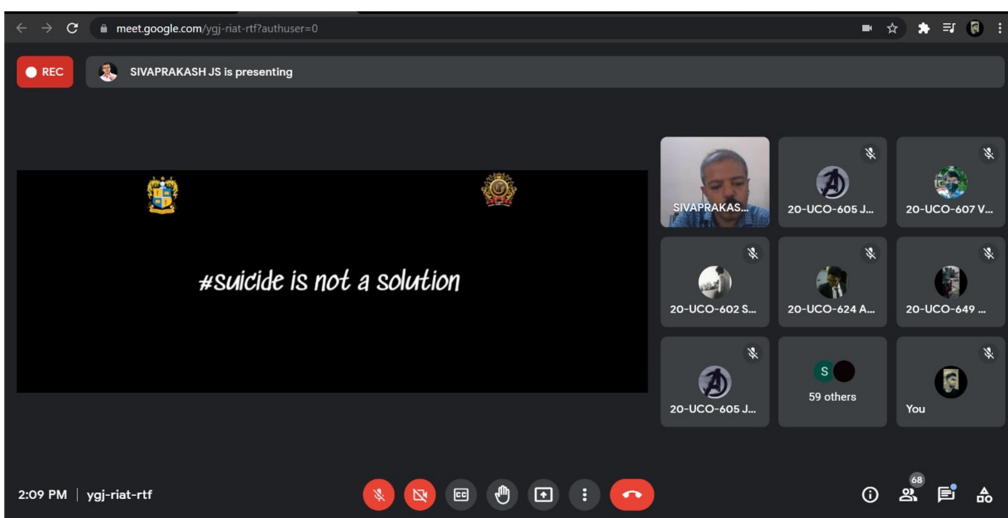
## Video Clips



Speech by Mr. Tejaswin



Speech by Mr. Srivathsan



## Conclusion

**Key Takeaways:**

- Emotions are just temporary which can be controlled and handled with support from friends & family. So, the first step to be taken while facing suicidal feelings is to seek help from loved ones.
- Secondly, try to avoid any such triggers which might aggravate your emotions.
- Finally, the most common case of suicide happens in isolation. Hence, try to surround yourself with people, may it be friends, relatives, family, fellow students etc.

At the end of the meeting, we also invited the students to participate in writing articles, poems, quotes, mimes, memes etc on the different aspects of Suicide Prevention.

The write-ups submission link is circulated as a part of invitation. The submission deadline is September 30, 2021.

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