## Research Workshop on "An Introduction to Culinary Studies": A Report

The Office of the Dean of Research and Department of English, Lovola College, organised a Research Workshop on 06.02.2019 at LIFE Hall between 11.10 am and 1.15pm. The Chief guest was Dr. S. Vincent, Dean of Research and Dr. K. S. Antonysamy, Head, Department of English, graced the occasion. The Resource person was Dr. Annam Ragamalika from the Department of English. Dr. S. Vincent in his address highlighted the importance of diet and good health. He said that Culinary Studies is the need of the hour. He urged the participants to consider with seriousness the rise in life style diseases and to prevent them by taking proper diet. Dr. K. S. Antonysamy informed the listeners about the changes in diet and how it has affected our health. He also mentioned Charles Lamb's "A Dissertation Upon Roast Pig" as a reference from literature. Dr. Annam Ragamalika, engaged the participants with references from films, literature to discuss the relevance of Culinary Studies. The participants read texts under the culinary lens with appropriate study material drawn from fiction, poetry and essays used as case studies. The students made brief presentation of their research findings. Forty post graduate students from colleges such as Stella Maris, Ethiraj, Hindustan and Forty six students from the second year Post graduate class from the hosts Loyola College actively participated in the Research Workshop.





