



LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034

M.Sc. DEGREE EXAMINATION – COUNSELLING PSYCHOLOGY

SECOND SEMESTER – APRIL 2022

PCP 2502 – COUNSELLING SKILLS - I

Date: 17-06-2022

Dept. No.

Max. : 100 Marks

Time: 09:00 AM - 12:00 NOON

PART – A

Q. No Answer any FOUR questions (not exceeding 200 words) (4 x 5 = 20 Marks)

- 1 Write on the different needs of human existence.
- 2 Discuss on the features of skill of Immediacy.
- 3 Illuminate on Self Disclosure and its ethical practice in Counselling.
- 4 Discuss the different types of empathy and its relevance to counselling.
- 5 Write about confrontation exercises with suitable examples.

PART – B

Answer any FOUR questions (not exceeding 500 words) (4 x 10 = 40 Marks)

- 6 Explain the skills of attending, listening and responding.
- 7 Give an overview of Human Relation Training Model.
- 8 Elaborate on the types of Resistance.
- 9 Discuss the skills of effective group participation.
- 10 Elaborate on the features of confrontation and the manner of confrontation.

PART – C

Answer any TWO questions (not exceeding 1000 words) (2 x 20 = 40 Marks)

- 11 Elaborate on the Skills of Counselling.
- 12 Discuss how you would deal with challenging and resistant clients.
- 13 Explain how leadership skills can be applied in a group setting.

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