LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034

B.Voc. DEGREE EXAMINATION – **3D ANIMATION**

FIRST SEMESTER – **APRIL 2022**

UDJ 1801 – LEADERSHIP SKILLS - I

Date: 28-06-2022   Dept. No.   Max. : 100 Marks
Time: 01:00 PM - 04:00 PM

SECTION A

Answer ALL the Questions   **(10 x 2 = 20 Marks)**

1. What do you mean by a habit chart?
2. What are comfort and challenge zones?
3. Give two suggestions to manage failures.
4. How useful are soft skills?
5. What is self-discovery?
6. How is sub-conscious mind different from conscious mind?
7. Why is self-esteem very important?
8. What is positive thinking?
9. What is time management?
10. Give two suggestions for students to concentrate better on studies.

SECTION B

Answer any FIVE of the following in 150 words   **(5 x 8 = 40 Marks)**

11. "Leadership is the ability to get extraordinary results from ordinary people". State the possible challenges faced by a true leader in the process.
12. Explain any two leadership qualities you have observed in yourself.
13. What is stress management? Explain any two ways students can manage their stress.
14. Why is having a positive attitude in life important for a student like you? Elucidate.
15. Take the life of any three personalities whom you recognize as a leader. Are there common traits that you find among them? State the what and how of your finding.
16. "Leadership is an action, not a position." Said Donald McGannon. What do you understand from this statement?
17. Why do many young people nowadays give up on their goals? Discuss.

SECTION C

Answer any TWO of the following in 250 words   **(2 x 20 = 40 Marks)**

18. Write a detailed note on how you were inspired by a great leader.
19. Why do you think some students fail to effectively manage their time? Give some concrete suggestions for college students to manage their time effectively.
20. Write a detailed note on your short-term and long-term goals.

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