LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034

M.A. DEGREE EXAMINATION – **SOCIAL WORK**

THIRD SEMESTER – **NOVEMBER 2022**

PSW 3502 – COUNSELLING

Date: 21-11-2022 Dept. No. Max. : 100 Marks

Time: 09:00 AM - 12:00 NOON

PART-A

Answer **ALL** Questions. Answer to each question should not exceed 50 words.

(10 x2 = 20 Marks)

1. Define Counselling.
2. State the Goals of Counselling.
3. What is Compassion Fatigue?
4. Write any four ways for enhancing Personal Effectiveness of counsellors.
5. Give the importance of Therapeutic Relationship.
6. What is PERMA model in positive psychology?
7. Mention the skills required for integrative understanding.
8. Write any four barriers in listening.
9. What is Existential Counselling?
10. Present any four scopes for Career Counselling.

PART –B

Answer any **FOUR** Questions. Answer to each question should not exceed 300 words.

(4 x10 = 40 Marks)

11. Briefly narrate the relevance of Counselling in Social Work Practice.
12. Explain the Personal Qualities and Attributes of an Effective Counsellor.
13. Discuss the use of Gestalt approach in working with persons suffering from depression.
14. Describe the essential ingredients of a Counselling Relationship.
15. Discuss the need and relevance of fertility counselling in the current scenario.

PART –C

Answer any **TWO** Questions. Answer to each question should not exceed 600 words

(2x 20 = 40 Marks)

16. Discuss the Principles and Ethical standards of counselling and bring out the challenges faced in practice.
17. With a suitable illustration, explain the utility and application of REBT.
18. What is family counselling? Explain how family counselling can help disturbed families.

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