



Date: 27-04-2016

Dept. No.

Max. : 100 Marks

Time: 01:00-04:00

SECTION-A

Answer the following in about 30 words each:

(10x2=20 marks)

1. Define health Psychology.
2. Explain the link between eating habits and health.
3. Write a short note on bio-psychosocial model of health.
4. What do you mean by pain?
5. How does an illness affect the personality of a man?
6. Mention the factors which cause stress.
7. What is 'patient adherence'?
8. Mention any two consequence of non-adherence.
9. Write a Short note on the Immunization Program.
10. Define health promotion.

SECTION-B

Answer any FIVE of the following in about 300 words each:

(5x8=40 marks)

11. Describe the relationship between Stress and Coronary heart diseases.
12. Explain the approaches to health psychology.
13. Discuss the social and cultural aspects of food and eating.
14. What is health communication? Discuss the importance of doctor patient communication.
15. Highlight the importance of physical activity for a healthy life.
16. What are the parental reasons for non-immunization of children?
17. Explain the three main theories of smoking.

SECTION-C

Answer any TWO of the following in about 1200 words each.

(2x20=40marks)

18. Elaborate the theories of pain and pain management strategies.
19. Examine the various approaches to health promotion.
20. Discuss the health problems associated with the consumption of alcohol.
21. Explain in detail the various personal Social and treatment characteristics associated with patient non-adherence.

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