



**LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034**

**M.A.DEGREE EXAMINATION – SOCIOLOGY**

FOURTHSEMESTER – APRIL 2017

**SO 4812- COUNSELLING AND GUIDANCE**

Date: 25-04-2017  
09:00-12:00

Dept. No.

Max. : 100 Marks

**PART A**

**Answer ALL questions in about 30 words each:(10 x 2=20 marks)**

1. Define counselling.
2. What are the counsellor and client goals in counselling?
3. Define psychoanalysis.
4. What is gestalt therapy?
5. Highlight the important qualities of a counsellor.
6. Mention the three types of counselling.
7. What does the counsellor do in the stage of termination?
8. What is meant by follow up in counselling?
9. Define Grief and Depression.
10. What is de-addiction counselling?

**PART B**

**Answer any FIVE questions in about 300 words each: (5 x 8=40 marks)**

11. Examine the myths and facts of counselling with examples.
12. Anuradha has come to counselling to overcome her fear of travelling in train. Five years before she lost her brother in a train accident and has not travelled in train since then. She has shifted to a new residence where she is forced to travel by train to office. She experiences mild attacks whenever she thinks of the train journey. As a counsellor how will you handle the case? Explain with a therapy.
13. Highlight the importance of listening and attending skills in counselling.
14. Examine the reasons for marital crisis and explain how counselling could be done for relationship problems.
15. Discuss the SOLER model of counselling.
16. What is meant by adolescent counselling? Elucidate the problems of adolescents and the method of counselling.
17. Delineate the beliefs of depressed and with a help of a therapy how would you counsel?

**PART C**

**Answer any TWO questions in about 1200 words each: (2 x 20=40 Marks)**

18. Differentiate counseling from Guidance and psychotherapy. Explain the various stages in the process of counselling.
19. What is psychoanalysis? Explain the techniques, strengths and limitations of psychoanalysis.
20. What is bereavement? Analyse the dynamics of grief and explain how to counsel a bereaved person.
21. Define suicide. Describe the warning signs of suicide and explain the way a counselor deals with a case study.

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**B.A. / B.M.M. DEGREE EXAMINATION – SOCIOLOGY**  
**FOURTH SEMESTER – APRIL 2017**  
**SO 4202 – GENERAL SOCIOLOGY**

**Date:**

**Dept. No.**

**Max. : 100 Marks**

**Time:**