

## Report - Talk on Menstrual Hygiene

A Menstrual Hygiene Awareness Program was held on 19th of November, 2021 at 11:30am in Loyola Women's Hostel for the students. About 180 students gathered in the common room to attend the program. The talk was given by Rev. Fr. Leo SJ, Director of Jesuits Refugees Mission, India. Rev. Fr. Leo SJ explained about the need for Menstrual Hygiene and how disposable sanitary napkins have become a major environmental concern today. He introduced to the students the benefits of using "reusable sanitary napkins", and how the students can safeguard themselves from long term infections.

