

LOYOLA COLLEGE (AUTONOMOUS), CHENNAI - 600 034

DEPARTMENT OF COUNSELLING PSYCHOLOGY

cordially invite you all to our

INTERCOLLEGIATE DEPARTMENT FESTIVAL

Akrami' 23

INAUGURATION

CHIEF GUEST

DR SHEELA HEMALATHA JULIUS

FORMER HOD

DEPARTMENT OF PSYCHOLOGY

WOMEN'S CHRISTIAN COLLEGE

Venue: Physics Smart Room

**JANUARY
FRIDAY**

27

08.30 AM - 04.30 PM



**LOYOLA
COLLEGE
(AUTONOMOUS)
CHENNAI-34**



**DEPARTMENT OF
COUNSELLING
PSYCHOLOGY
LOYOLA COLLEGE
CHENNAI-34.**





Akani' 23



INTERCOLLEGIATE COMPETITION

DEPARTMENT OF COUNSELLING PSYCHOLOGY

cordially invite you to our Department Festival.

Participation restricted to students from Psychology

27th January, 2023

Venue

Physics Smart Room

Last date for registrations

9 PM, 26th JANUARY 2023





Akani' 23



ABOUT LOYOLA COLLEGE

Loyola College, a Catholic Minority Institution was founded by the Society of Jesus (Jesuits) in 1925. It is an autonomous college that is affiliated with the University of Madras. It started its journey in July 1925 with the vision of forming credible, innovative, and socially committed citizens. The primary aim of the College is to provide a University education in a Christian atmosphere to deserving students, especially those belonging to the Catholic Christian Community. By giving its students the skills necessary for effective leadership, the college hopes to benefit society, especially the less fortunate segments. It seeks to create competent, committed, creative, and compassionate members of society. With these aims in mind, Loyola college now has 19 UG and PG courses, 11 MPhil programs, and 12 Ph.D. programs.

ABOUT THE DEPARTMENT

The Department of Counselling psychology started in 2021 with the core values of integrity, empathy and unconditional positive regard. The department offers a two-year postgraduate program in counselling psychology. The department strives to deliver enriched knowledge of the subject. It also ensures practical exposure, paper publication and minor projects. The department prioritizes self-awareness and healing above all. The vision of the department is to shape eager minds to excel in the empirical art of counselling, scientific explorations and humanistic altruism.



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Akam' 23

"**Akam**" the inner world. Akam began as a movement to promote the freedom of speech and moving away from conventional and prescribed methods. This concept emphasizes self-discovery and introspection, taking barks as an analogy. Barks represent a deeply rooted and enriched inner self. It depicts authenticity and more tremendous potential that uncovers the inner quest. The competitions are curated with concept in mind. Every other competition is considered a quest of self-discovery, curiosity and freedom of choice. The choice of voice, The choice of authenticity.

SESSIONS SCHEDULE

STAFF COORDINATOR
PROF. SAADHIHA TAJ M
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STUDENT COORDINATOR
NANDHAKUMAR X
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Inauguration: 08.30 - 09.00 AM

01

**Assimilate &
Accommodate**
09:00 - 10:30 AM

02

Dissonance
10:45 - 12:00 PM

03

Fundamentals
12:15 - 01:30 PM

04

Uncover
02:30 - 03:30 PM

Valedictory: 03:30 - 04:30 PM

GENERAL RULES

1. Participants from other Colleges are expected to possess their College ID cards throughout their stay at Loyola College and also should bring a BONA FIDE LETTER, permitting him/her to attend the department festival in Loyola College. Failing which the participants will not be permitted to enter the Campus.

Reporting Time: 08.30 AM.

2. Any participant who is found disturbing the program / creating nuisance will be asked to leave the campus immediately.

Vulgarity/obscenity in any form is strictly prohibited.

3. A modest dress code should be followed.

4. Regulations laid down by Loyola College regarding the usage of Camera Mobile Phones are applicable to other college students also. Any student will be asked to vacate the campus if he/she abuses/misuses the camera mobile phone within the campus.

5. The participants are asked to report to the venue ahead of time and they need to be present only in and around the venue allotted for the specific department.

6. Participants are free to express their grievances (if any) regarding any misconduct/misbehaviour by any student of Loyola College to the Vice Principal (Administration) of Shift I or II.

We wish the participants "ALL THE BEST". Have a pleasant time during your stay for the Department Festival in the Loyola Campus.

Akani' 23

GENERAL RULES FOR THE COMPETITIONS

1. Participants should reach the venue 30 mins prior to the event.
2. The limit for the number of participants must be adhered to.
3. Participants should adhere to the time limit specified in the event.
4. Participants should not use any electronic devices during the competition.
5. Competitions that have series of rounds will be eliminatory.
5. Violation of rules will lead to disqualification.
6. Vulgarity/obscenity of any kind will not be tolerated.
7. Change or replacement of participants after registration will not be entertained.
8. The decision of the judge(s) will be final.

ASSIMILATE & ACCOMMODATE STORYTELLING

A team of 2 participants per college.

Timing: 09:00 - 10:30 AM

1

Each team will be given 10 words by the facilitator, out of which any 6 can be chosen. 2 minutes will be given to construct a story.

2

3 minutes will be given to present the story and 1 minute to present the moral of the story.

3

The story should be given a title. Participants must bring the story to closure within the stipulated time.

For registration click
[Assimilate & Accomodate](#)

DISSONANCE DEBATE

A team of 2 participants per college.

Timing: 10:45 - 12:00 PM

1

Round 1: 101

Participants need to prepare for a list of topics, out of which one will be allotted randomly for a pair of teams.

2

Round 2: The topic will be given on the spot and the participants will have 30 secs to prepare.

3

Round 3: Block and Tackle

Each team will be given a topic on the spot. No preparation time.

For registration click
[Dissonance](#)

FUNDAMENTALS QUIZ

A team of 2 participants per college.

Timing: 12:15 - 1:30 PM

1

Questions will be solely based on psychology.

2

There will be 3 rounds held. Each round will be eliminatory.

3

Late answer will not be considered. Judge(s) decision will be final. Use of electronic device is strictly prohibited.

For registration click
[Fundamentals](#)

UNCOVER

DECODING THE PERSONALITY

A team of 2 participants per college.

2:30-3:30 PM

1

A one-liner will be presented to the participants.

2

The participants will be given 60 secs to make any clarifications/doubts about the disorder to the facilitator.

3

Another 60 secs will be given to the participant to affirm and justify their working diagnosis.

For registration click

[Uncover](#)